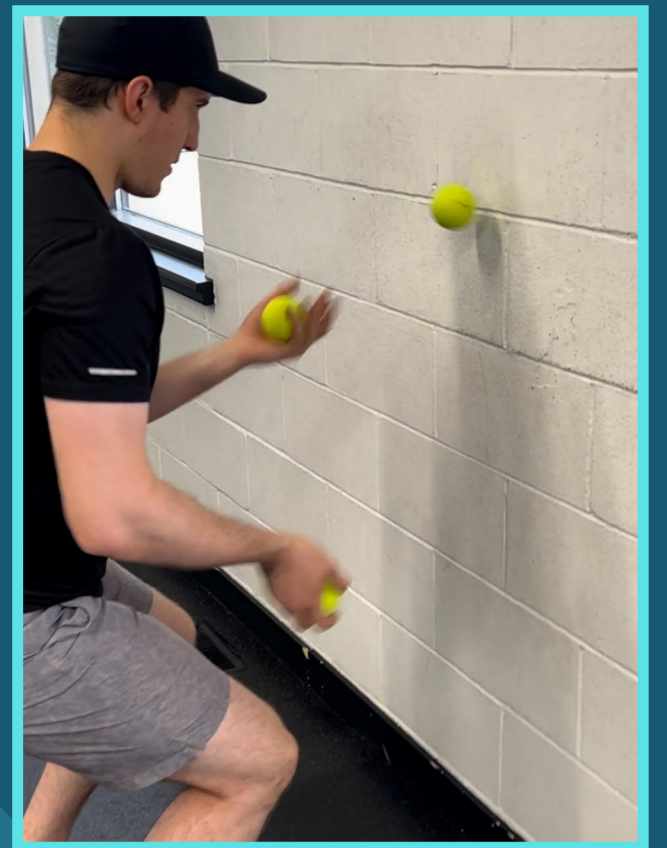


# FOCUS TRAINING FOR HOCKEY GOALIES

ENHANCE YOUR PERFORMANCE ON ICE WITH  
POWER PACKED SESSIONS DESIGNED FOR GOALIES



**STRENGTHEN**

FOCUS & MENTAL STAMINA  
HAND EYE COORDINATION & TRACKING  
REACTION TIME & REFLEXES  
PERIPHERAL VISION & DEPTH PERCEPTION



Tatiana  
Straathof

**Try a session!**

**438-821-4810**

**tatianastrathof@gmail.com**

